

Crystal Therapy Certificate Course

The Crystal Therapy Training School – Wales aims to set and maintain the highest standards in training in Crystal Therapy. We offer a 1-year certificate in Crystal Therapy and a 2-year Diploma in Crystal Therapy. Both options prepare students through a comprehensive and in-depth study programme. The year 1 certificate forms the 1st year of the 2-year diploma course.

Resting on a firm body of practical and theoretical knowledge, the courses are designed to support the individual in developing their own unique, intuitive expression as a practitioner. Part of this process is the personal development and growth of the student as a therapist.

The study programme is structured to allow time for both theory and practical sessions and assessment. The course is taught within a relaxed, informal atmosphere with plenty of opportunity for discussion. Course content, structure and presentation is designed to provide an excellent training in all aspects of Crystal Therapy, so practitioners graduate confident in their working knowledge and understanding of crystal therapy and are able to work competently and responsibly as a professional therapist.

Course Content

Attendance is for 6 weekends completed over a one-year period. Each weekend is accompanied by comprehensive written notes/handouts/worksheets.

Topics Covered –

- Introduction to Crystal Therapy
- Dowsing/Grounding /the Aura
- Chakra System
- Pain Removal
- Goal Balancing and Manifestation
- Crystal Grids
- Colour and the Chakra System
- Crystallography and basic Anatomy and Physiology
- Setting up Therapeutic Practice

Introduction to Crystal Therapy

- The historical background of Crystal Therapy
- Introduction to the tools of Crystal Therapy
- Preparing to work with crystals
- Choosing, cleansing, charging and programming crystals
- Attunement to the mineral kingdom and crystals,
- Introduction to the syllabus list of gemstones and their properties
- The importance of the personal development of the therapist/ self-healing
- Sensitivity development with crystals
- Simple gemstone layouts for balancing energy
- Practical sessions on the above.

Dowsing/Grounding and The Aura

- The importance of grounding and balancing for client and therapist
- Grounding Crystals
- How to create a strong, healthy Aura
- The Aura and Subtle Body alignment
- Learning energy assessment techniques through the use of a crystal pendulum

- Use of crystal pendulums, confidence arcs and dowsing in therapeutic practice.

The Chakra System

- Assessment techniques for identifying chakra energy – dowsing, sensing and hand scanning,
- Theory of the chakra system and its function
- In depth study of the chakra system: -
 - Placement of the chakras in the body
 - The physical correlation, associated organs and spinal alignment of each chakra
 - The psychological correlations of each chakra
 - Developmental stages of each chakra
 - Recognising imbalance in the chakra system
 - Chakra balancing healing techniques with crystals
- Practical sessions on the above

Pain Removal/Blocked Energy

- Crystals for pain/blocked energy
- Crystal Therapeutic techniques for helping with pain/stagnant energy in the body
- Learning to sense and scan the body for blocked energy and pain – crystal techniques to release blocked energy

Goal Balancing and Manifestation

- Helping clients identify goals
- Goal Manifestation and the chakras
- Programming crystals to help with goal balancing and manifestation

Crystal Grids

- The theory of crystal grid systems
- Specific crystal grid formations
- Practical sessions on the above

Crystallography / and Basic Anatomy and Physiology

- Crystal systems and Structures
- The Mohs Scale
- Handling, storage of crystals
- Anatomy and Physiology - the major body systems
- The Endocrine Gland system in relation to the Chakra System

Colour and the Chakra System

- The theory of colour
- The properties of the main seven colour rays
- How the body is affected by colour
- How colour relates to crystals and their combined use in balancing energy systems
- Contra indications of colour
- Colour and crystal gemstone layouts
- Practical sessions on the above

Setting up Therapeutic Practice

- Setting up a therapy practice
- Client records
- Ethics and Code of conduct
- Practitioner/client relationship
- Contra indications to crystal therapy and Healing Crisis
- Client homecare / aftercare advice

ELEMENTS OF STUDY

• Case Histories

Case histories need to be produced to provide a written record of your Crystal Therapy sessions with clients.

Requirements for Case Histories:

1 Year Certificate Qualification - 12 Treatments with a minimum of 3 people = 4 treatments each

2 Year Diploma Qualification – 24 Treatments with a minimum of 3 people = 8 treatments each

• Skill Sheets

These sheets act as a record of key skills that each student needs to understand and show competency in during their Crystal Therapy training. The Skill Sheets are designed to provide you with a clear study aid and to highlight any area you may need to review or seek advice on.

• Evaluation Sheets

These are given out at regular intervals and returned completed to the tutor – This will allow feedback from students to the tutor on the course content, presentation and delivery

Please Note:

While written work forms an important part of the course, it is designed to demonstrate your understanding and competency in Crystal Therapy and not your spelling, grammar or writing skills.

THE CRYSTAL THERAPY TRAINING SCHOOL - WALES

School Founder

The Crystal Therapy Training School - Wales was founded by Kim Dowdell. Kim is an experienced Crystal Therapy Trainer. She has travelled throughout the UK lecturing and teaching. She has taught many hundreds of people how to work with crystals in their lives and has been featured in the media on numerous occasions discussing the benefits of Crystal Therapy.

Kim is a qualified Crystal therapist with many years' experience having trained extensively in Crystal therapy with the I.A.C.H. and the SVA Schools of Crystal Therapy in the UK and with Katrina Raphael's Academy of Advanced Healing Arts in Hawaii. She offers a warm, relaxed, accessible and clear teaching style.

Kim has wide experience in the Healing Arts including Acupuncture, Cosmetic Acupuncture, Reiki, Reflexology, Stress Therapy, Energy Medicine Kinesiology, Colour Therapy, Shamanic Soul Retrieval and Energy Interference Patterning and is able to bring this experience to her teaching.

Classes

Classes are small, with a maximum of 14 students, to ensure the learning needs of each individual student can be met.

Assessment

There are no formal examinations and the Course is designed to maximise learning and enjoyment through a relaxed, inter-active teaching environment.

Each student's development and assessment are monitored through their written assignments, submitted case studies and progress in tuition sessions. Personal interviews, to discuss student's progress can be arranged if required.

Following completion of all course work students will receive their Crystal Therapy Certificate or Diploma in Crystal Therapy. They will then be qualified to apply for insurance, be able to practice professionally and join the "Crystal Therapy Training School - Wales" list of qualified crystal practitioners.

Course Venue, Times and Fees

Venue

The training Courses will be held in a beautiful country venue in Llansannor Hall in the village of City nr Cowbridge in South Wales.

Times

Courses will commence at 11.00am and finish at 5.30pm. There will be a one-hour lunch break and breaks for refreshments. Tea, coffee and water will be provided.

The courses will run bi-monthly, with 6 weekends for the Certificate and 12 weekends for the Diploma. This will allow for the practice of course material and for written work to be prepared and submitted case studies to be completed.

Fees

Each weekend carries a fee of £135. The fees for each weekend need to be paid in advance – 14 days before each teaching weekend

A registration fee of £35 is due on completion of a course application. This is non – refundable. A deposit of £135 is also required and this will be held as the fee for the final weekend's payment of the chosen course.

How to Apply

A schedule of dates and an application form is enclosed/attached. To apply for a place on the Crystal Therapy Certificate or Diploma Course please complete the application form and send the completed form with registration and deposit cheque, made payable to Kim Dowdell, for £170 to:

-

Kim Dowdell

Crystal Therapy Training School – Wales

9 Church Street

Llantwit Major

CF61 1SB

We accept payment via BACS or PayPal please email kimdowdell@visionforliving.co.uk or phone 01446 796065 or 07736 246512 to arrange.

Training Statement

The Crystal Therapy Training School Wales Aims to encourage the ability and learning of all sections of the community and as such is committed to ensuring that it does not discriminate against any individual or group because of sex, sexual orientation, race, religion, colour, nationality, age, marital status, disability, ethnic or national origin, either through its admission policy, advertising or training

Crystal Therapy Training School – Wales

Certificate in Crystal Therapy Course Application Form

Name

Address

.....

.....

Date of Birth

Tel. No.

Email

Please state briefly your reasons for wishing to join this course.....

.....

.....

.....

.....

Please give details of any training or experience you may have in the field of Complementary Health.....

.....

.....

.....

If you have had or are currently experiencing any of the following, please inform the school in writing

1. Any medical problems of an acute or chronic nature
2. Suffered from any drug (prescribed or otherwise), alcohol or substance abuse
3. Epilepsy, Diabetes, Asthma, High or Low Blood Pressure
4. Any emotional or mental trauma that has resulted in your seeking medical treatment
5. Have a pacemaker fitted

The registration fee of £35 and £135 deposit is payable with this application. Course fees of £135 per weekend are payable 14 days prior to the commencement of each teaching weekend

DECLARATION - I confirm that I have read, understood and agree to abide by the booking terms and conditions outlined overleaf, and that the information given above is true and correct

Signature Name (please print clearly)

Date

Booking Terms and Conditions

1. Students are responsible for their own health and wellbeing throughout the course.
2. Students are responsible for their own belongings.
3. It is essential that all training days are paid for and attended
4. No refund of fees will be made after the commencement of the course, should the student decide to leave, whatever the circumstances. The cost of the course covers venue, tuition fee, tea and coffee. The cost does not cover travel, accommodation, expenses or food.
5. The CTTSW reserves the right to ask a student to withdraw from a training course. The matter will be discussed with the student and reasons given.
6. During teaching sessions students are asked not to carry out any type of healing, therapy work or intuitive consultations without first obtaining permission from the course tutor.
7. All course material, techniques taught, and handouts are meant for the students' sole use as a therapist and are not to be copied, reproduced or taught without the written permission of the course tutor.

Signed

Date.....