

# Crystal Therapy Diploma Course

## Aims and Objectives

The Crystal Therapy Training School – Wales aims to set and maintain the highest standards in training in Crystal Therapy. After completion of the Certificate of Crystal Therapy, it is possible then to continue studying to gain a Diploma in Crystal Therapy.

The Diploma is an additional year of study scheduled over 6 weekends.

Resting on a firm body of practical and theoretical knowledge, the course is designed to support the individual in developing their own unique, intuitive expression as a practitioner. Part of this process is the personal development and growth of the student as a therapist.

The study programme is structured to allow time for both theory and practical sessions and assessment. The course is taught within a relaxed, informal atmosphere with plenty of opportunity for discussion. Course content, structure and presentation is designed to provide an excellent training in all aspects of Crystal Therapy, so practitioners graduate confident in their working knowledge and understanding of crystal therapy and are able to work competently and responsibly as a professional therapist.

## Course Content

*The Diploma course is completed over a two-year period.*

*Attendance is for 12 weekends. 6 in the 1<sup>st</sup> year (resulting in a Certificate in Crystal Therapy, on completion of all course work) and 6 in the 2<sup>nd</sup> year (earning a Diploma in Crystal Therapy, on completion of all course work) Each weekend is accompanied by comprehensive written notes/handouts/worksheets.*

## Topics Covered

- Advanced Chakra Balancing and Chakra Cords
- Strengthening and repairing the Subtle Bodies and Aura
- Advanced Crystal Grids
- Sound and Crystal Therapy
- Etheric Spine and Back Pain
- Vibrational Essences
- Distant/Absent Healing
- Protection and Support for the Therapist and the Client
- The Hara Line
- The Meridians and Five Element Theory in Crystal Therapy

## Advanced Chakra Balancing and Chakra Cords

- Assessing in depth the functioning of a clients' chakra system – dowsing chakra patterns, their meaning and significance
- Crystal healing layouts
- Crystal therapy procedures – configurations during treatment, position of crystals, laying on and removal of crystals
- Clearing dysfunctional chakra cords and creating healthy relationships
- Absent/distant healing
- Practical sessions on the above
- Transpersonal Chakras

## **Strengthening and repairing the Subtle Bodies and Aura**

- Subtle Energy Bodies – Understanding their placement and role in the energy system of the body
- The Body's Energies - A deeper study of the Auric Field and Subtle Energy Bodies.
- Specific crystals for re-balancing the subtle energy system
- Crystal techniques for clearing, aligning and strengthening the physical and energetic body
- Learning to scan the Aura and distinguish different energy bodies
- Clearing the energy field and protecting it from negative environments and vibration
- Practical sessions on the above

## **Advanced Crystal Grids**

- The theory of crystal grid systems
- Specific crystal grid formations
- Advanced healing layouts
- Crystals for the environment
- Practical sessions on the above

## **Sound and Crystal Therapy**

- The theory of Sound
- Signing Bowls, Tuning Forks, and the Energy Systems of the Body
- How the body is affected by sound
- How sound and colour relate to crystals and their combined use in Crystal therapy treatments
- Sound vibration and crystals
- Practical sessions on the above

## **Etheric Spine and Back Pain**

- Repairing the etheric energy spine to help the body hold light frequency
- The etheric spine repair technique for back pain
- Bladder Meridian, the spine and back pain

## **Vibrational Essences**

- Theory of Vibrational Essences
- Gem elixirs – their role in crystal therapy treatment
- Preparation of essences
- Techniques for selection of essences
- Practical sessions on the above

## **The Hara Line**

- The Hara line and Soul purpose
- The Hara line and high vibrational crystals
- Hara Line treatment

## **Protection and Support for the Therapist and the Client**

- Exercises to heighten the sensitivity of practitioners
- Protecting, strengthening and supporting the therapist's energy field
- Clearing the therapy environment
- Recognising the symptoms of environmental, electromagnetic and physic stress
- Healing crisis – how to deal with it – client advice
- Protection techniques for therapy sessions
- Exercises/techniques for clients to protect and strengthen their energy field
- Maintaining a strong energy field as a therapist
- Creating and maintaining a harmonious, therapeutic working environment
- Practical sessions on the above

## **The Meridians and Five Element Theory in Crystal Therapy**

- Background and theory of the Meridian System
- 5 Element theory
- Assessing element type
- Identifying element imbalance
- Study of each meridian
- Dowsing meridian points
- Crystal meridian therapy
- Practical sessions on the above

# ELEMENTS OF STUDY

- **Case Histories**

Case histories need to be produced to provide a written record of your Crystal Therapy sessions with clients.

Requirements for Case Histories:

1 Year Certificate Qualification - 12 Treatments with a minimum of 3 people = 4 treatments each

2 Year Diploma Qualification – 24 Treatments with a minimum of 3 people = 8 treatments each

- **Skill Sheets**

These sheets act as a record of key skills that each student needs to understand and show competency in during their Crystal Therapy training. The Skill Sheets are designed to provide you with a clear study aid and to highlight any area you may need to review or seek advice on.

- **Evaluation Sheets**

These are given out at regular intervals and returned completed to the tutor – This will allow feedback from students to the tutor on the course content, presentation and delivery

## **Please Note:**

While written work forms an important part of the course, it is designed to demonstrate your understanding and competency in Crystal Therapy and not your spelling, grammar or writing skills.

# THE CRYSTAL THERAPY TRAINING SCHOOL-WALES

## School Founder

The Crystal Therapy Training School - Wales was founded by Kim Dowdell. Kim is an experienced Crystal Therapy Trainer. She has travelled throughout the UK lecturing and teaching. She has taught many hundreds of people how to work with crystals in their lives and has been featured in the media on numerous occasions discussing the benefits of Crystal Therapy.

Kim is a qualified Crystal therapist with many years' experience having trained extensively in Crystal therapy with the I.A.C.H. and the SVA Schools of Crystal Therapy in the UK and with Katrina Raphael's Academy of Advanced Healing Arts in Hawaii. She offers a warm, relaxed, accessible and clear teaching style.

Kim has wide experience in the Healing Arts including Acupuncture, Cosmetic Acupuncture, Reiki, Reflexology, Stress Therapy, Energy Medicine Kinesiology, Colour Therapy, Shamanic Soul Retrieval and Energy Interference Patterning and is able to bring this experience to her teaching.

## Classes

Classes are small, with a maximum of 14 students, to ensure the learning needs of each individual student can be met.

## Assessment

There are no formal examinations and the Course is designed to maximise learning and enjoyment through a relaxed, inter-active teaching environment.

Each student's development and assessment are monitored through their written assignments, submitted case studies and progress in tuition sessions. Personal interviews, to discuss student's progress can be arranged if required.

Following completion of all course work students will receive their Crystal Therapy Certificate or Diploma in Crystal Therapy. They will then be qualified to apply for insurance, be able to practice professionally and join the "Crystal Therapy Training School - Wales" list of qualified crystal practitioners.

## **Course Venue, Times and Fees**

### Venue

The training Courses will be held in a beautiful country venue in Llansannor Hall in the village of City nr Cowbridge in South Wales.

### Times

Courses will commence at 11.00am and finish at 5.30pm. There will be a one-hour lunch break and breaks for refreshments. Tea, coffee and water will be provided.

The courses will run bi-monthly, with 6 weekends for the Certificate and 12 weekends for the Diploma. This will allow for the practice of course material and for written work to be prepared and submitted case studies to be completed.

### Fees

Each weekend carries a fee of £135. The fees for each weekend need to be paid in advance – 14 days before each teaching weekend

A registration fee of £35 is due on completion of a course application. This is non – refundable. A deposit of £135 is also required and this will be held as the fee for the final weekend's payment of the chosen course.

### How to Apply

A schedule of dates and an application form is enclosed/attached. To apply for a place on the Crystal Therapy Certificate or Diploma Course please complete the application form and send the completed form with registration and deposit cheque, made payable to Kim Dowdell, for £170 to: -

### **Kim Dowdell**

**Crystal Therapy Training School – Wales**

**9 Church Street**

**Llantwit Major**

**CF61 1SB**

**We accept payment via BACS or PayPal please email [kimdowdell@visionforliving.co.uk](mailto:kimdowdell@visionforliving.co.uk) or phone 01446 796065 or 07736 246512 to arrange.**

## **Training Statement**

The Crystal Therapy Training School Wales Aims to encourage the ability and learning of all sections of the community and as such is committed to ensuring that it does not discriminate against any individual or group because of sex, sexual orientation, race, religion, colour, nationality, age, marital status, disability, ethnic or national origin, either through its admission policy, advertising or training

# Crystal Therapy Training School – Wales

## Diploma Course Application Form

Name .....

Address .....

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Date of Birth .....

Tel. No. ....

Email .....

Please state briefly your reasons for wishing to join this course.....

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Please give details of any training or experience you may have in the field of Complementary Health.....

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If you have had or are currently experiencing any of the following, please inform the school in writing

1. Any medical problems of an acute or chronic nature
2. Suffered from any drug (prescribed or otherwise), alcohol or substance abuse
3. Epilepsy, Diabetes, Asthma, High or Low Blood Pressure
4. Any emotional or mental trauma that has resulted in your seeking medical treatment
5. Have a pacemaker fitted

The registration fee of £35 and £135 deposit is payable with this application. Course fees of £135 per weekend are payable 14 days prior to the commencement of each teaching weekend

**DECLARATION** - I confirm that I have read, understood and agree to abide by the booking terms and conditions outlined overleaf, and that the information given above is true and correct

Signature ..... Name (please print clearly)

Date .....

## **Booking Terms and Conditions**

1. Students are responsible for their own health and wellbeing throughout the course.
2. Students are responsible for their own belongings.
3. It is essential that all training days are paid for and attended
4. No refund of fees will be made after the commencement of the course, should the student decide to leave, whatever the circumstances. The cost of the course covers venue, tuition fee, tea and coffee. The cost does not cover travel, accommodation, expenses or food.
5. The CTTSW reserves the right to ask a student to withdraw from a training course. The matter will be discussed with the student and reasons given.
6. During teaching sessions students are asked not to carry out any type of healing, therapy work or intuitive consultations without first obtaining permission from the course tutor.
7. All course material, techniques taught, and handouts are meant for the students' sole use as a therapist and are not to be copied, reproduced or taught without the written permission of the course tutor.

Signed .....

Date.....